



Congratulations to our Stars of the Week

Class	w/ending 21/01/22	w/ending 28/01/22
RJG	Nellie	Kiki
RLB	Emily	Isaac
1MS	Reuben	Hallie
1EK	Honey-Leigh	Leon
2FM	Elsie-Ann	School Trip
2KB	Elise	School Trip
3JB	Ryan	Liam
3EB	Ila	Amelia
4KL	Anisa	Willow
4FK	Raffarty	Will
5CP	Maisie	Dixie
5RW	Poppie	Phoebe
6SG	Archie	Willow
6HW	Matthew	Archie



Dear All

Firstly, I would like to say thank you to everyone who sent such lovely messages wishing me a speedy recovery—it was very much appreciated.

I would also like to take this opportunity to thank Mr Owen, Mr Trower and Mr Miles for their hard work last week who ensured the smooth running of the school.

With all assemblies taking place virtually, it was lovely that I was still able to be apart of the Monday assembly and see the smiley children of Eastbrook, albeit from home. The assembly focused on facing fears and showing courage which can be challenging at times, even for adults!

This week our assembly focus has been based on the NSPCC programme of 'Speak Out, Stay Safe'. Assemblies and videos have been delivered to our children in KS1 and KS2. At Eastbrook, we feel that it is an extremely important part of our PSHE curriculum. It is crucial that children should understand how to keep themselves safe, and to have the confidence to speak out, if they are worried or anxious, to an adult they trust. The letter sent out last week includes a range of useful website links and books to support the conversations you may wish to have at home with your child. Thank you to Miss Lloyd who organised this important aspect of the PSHE curriculum.

Today, our Year 2 children are currently at Herstmonceux Science Centre, in Hailsham. This trip allows children to explore science through first hand experiences and to spend time looking through the domes and telescopes at the world famous astronomical observatory. This will hopefully spark their curiosity and imagination for their topic of Inventors and Pioneers!

I am pleased to share with everyone that Mss Johnstone, who started her maternity leave at the start of the Spring term, has given birth to a baby boy. Congratulations to Miss Johnstone and her family.

I wish everyone a restful weekend and will see you all on Monday.

Natalie Naylor (Interim Headteacher)

Attendance Update

Our whole school attendance currently stands at **93%** of pupils in class.

Please be reminded that classroom doors open at 8.45am and registers are taken from 8.50am. It is extremely important children are in school to avoid missed learning.

As a community we will continue to work together to ensure attendance remains as high as it can be in. Please see additional information in this newsletter regarding COVID –19 symptoms and latest advice from the government.

Self Regulation

I would like to say a huge well done to Charlie in 5RW who has created a wonderful poster to explain the different strategies children could use to help them to self regulate.



144 Challenge

A very well done to the following pupils who completed their 144 challenge. This involves answering 20 questions based on all the timetables up to and including the 12s.

Questions include finding the product of, multiplying two numbers and dividing.

Congratulations to:

Kush—2KB

Kian—2KB



Term Dates for your Diary

Spring Term 2022

Friday 28th January	Y2	Herstmonceux Trip
Thursday 10th February	Y4	Amended Fishbourne Trip
Friday 11th February	Y6	Viking Day
Friday 18th February	All	PTA Dress Down Day (letter to follow)
Thursday 3rd March	All	World Book Day
Friday 18th March	All	Red Nose Day

Spring 2022

Tuesday 4th January until Friday 8th April 2022

Half Term Monday 21st February until Friday 25th February

Term Dates 2021/22



Spring Term

Tuesday 4th January until Friday 8th April 2022

School will be closed on Tuesday 4th January for INSET

Half Term Monday 21st February until Friday 25th February 2022

Last Day of Term Friday 8th April 2022

Summer Term

Monday 25th April until Thursday 21st July 2022

School will be closed on Monday 25th April for INSET

School will be closed on Friday 22nd July for INSET

Half Term Monday 30th May until Friday 3rd June

Last Day of Term for pupils Thursday 21st July

Please note that INSET dates are subject to change.

COVID Information for Parents



Latest government advice from [Schools COVID-19 operational guidance - GOV.UK \(www.gov.uk\)](https://www.gov.uk/guidance/schools-covid-19-operational-guidance)

Symptoms of COVID-19

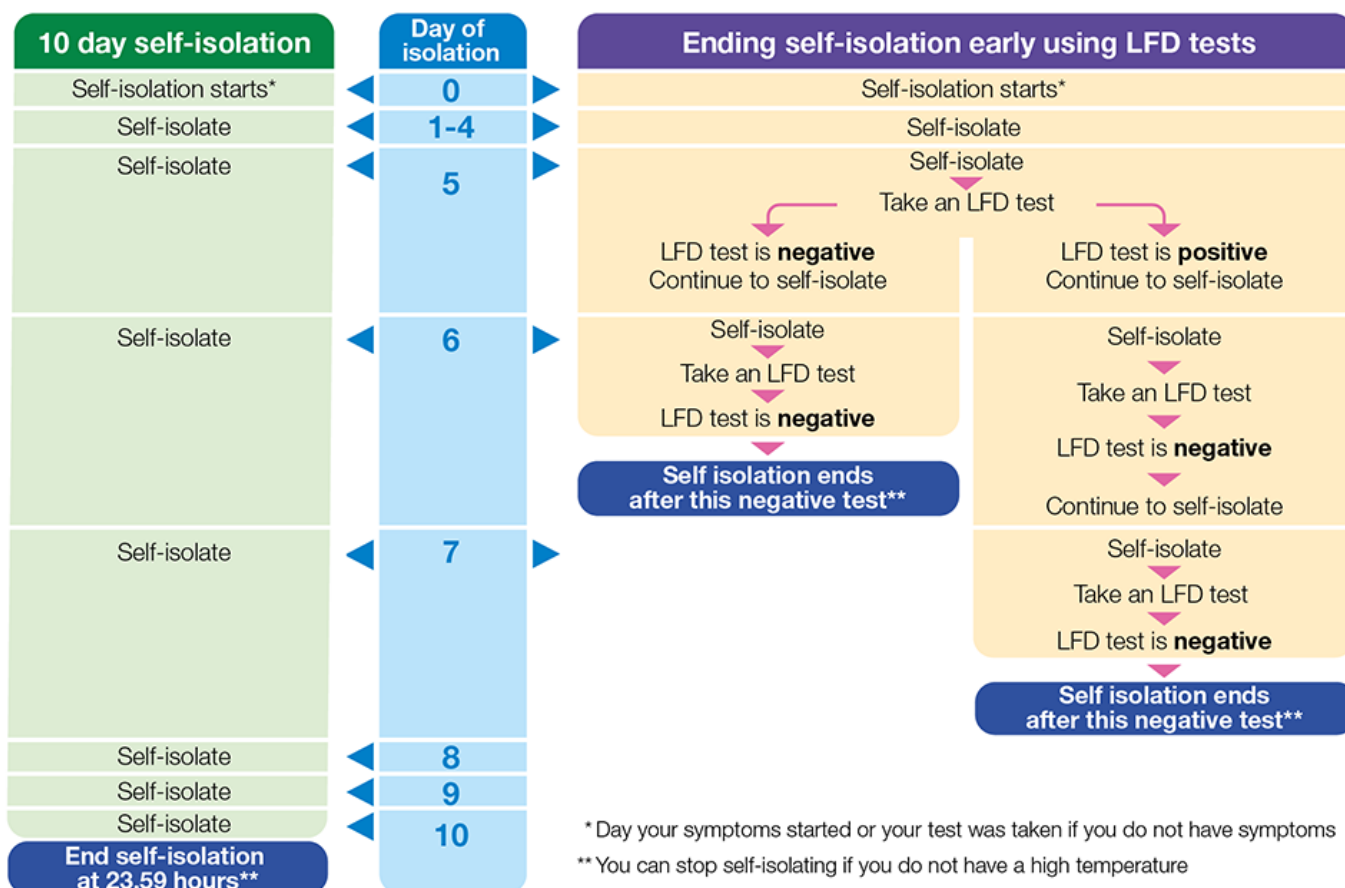
The government recommends that if your child has any of the three main symptoms (see below) associated with COVID-19, then it is advisable to order and take a PCR test. Your child will need to remain at home until they have the test result back and are not allowed visitors. They may leave the house to have the PCR test.

The three main symptoms are:

- a high temperature
- a new, continuous cough – this means coughing a lot, for more than an hour, or 3 or more coughing episodes in 24 hours
- a loss or change to sense of smell or taste – this means they cannot smell or taste anything, or things smell or taste different to normal

If your child tests positive on a Lateral Flow Device, but **are not displaying any symptoms** (asymptomatic), then they will be required to self isolate immediately. A PCR test does not need to be ordered.

When children reach day 6, of their isolation period, a lateral flow test can be taken. If they receive a negative result on day 6 and another negative result on day 7 (24 hours apart), then their isolation finishes. However, it is important that they continue to remain cautious. Please see diagram below:



Tracing close contacts and self-isolation

Close contacts will now be identified via NHS Test and Trace and education and childcare settings not expected to undertake contact tracing, instead a Warn and Inform letter will be sent.

As with positive cases in any other setting, NHS Test and Trace will work with the positive case to identify close contacts. Contacts from a setting will only be traced by NHS Test and Trace where the positive case and/or their parent or carer specifically identifies the individual as being a close contact. This is likely to be a small number of individuals who would be most at risk of contracting COVID-19 due to the nature of the close contact. You may be contacted in exceptional cases to help with identifying close contacts, as currently happens in managing other infectious diseases.

If your child is well

The school remains open. If your child remains well, they can continue to attend school as normal. This will be kept under review.

In addition to daily LFD testing for close contacts, we encourage household members aged 11 and over to continue with twice weekly LFD testing to help identify cases promptly.

If you think your child is a close contact but has not been contacted directly by NHS Test and Trace, then we would advise they undertake daily LFD tests for a period of 7 days. This advice applies to children aged 5 and over. Whilst daily testing for 7 days is your choice, it is strongly encouraged as it helps to reduce the spread of COVID-19 in your community. LFD tests are available via community testing sites, local pharmacies or you can order [online](#) for home delivery.

If your child develops symptoms of COVID-19 or tests positive for COVID-19

If your child develops symptoms of coronavirus (COVID-19), they should get a PCR test (<https://www.gov.uk/get-coronavirus-test> or call 119) and remain at home at least until the result is known and they are fever free (without medication) for at least 24 hours.

If negative, the child can end self-isolation and return to school once well;

If positive, the child should isolate as a positive case (see below)

People who test positive for COVID-19 should self-isolate at home until they are well (48 hours fever free) and *either*:
10 full days have passed, *or*
They have produced two negative LFD tests at least 24 hours apart, with the first taken no earlier than day 6.

Instructions for people who live in the same household as someone who has tested positive for COVID-19 or is symptomatic and awaiting a test result

NHS Test and Trace will contact you to check whether you are legally required to self-isolate. If you are not legally required to self-isolate, you will be provided with advice on testing, **advised to take extra caution**, and given guidance on preventing the spread of COVID-19.

Those who are [clinically extremely vulnerable](#) should be supported to minimise their contact with other people in the household during this period, regardless of whether others have symptoms or not.

You are **not** required to self-isolate [if any of the following apply](#):

You are fully vaccinated

You are below the age of 18 years 6 months

You have taken part in or are currently part of an approved COVID-19 vaccine trial

You are not able to get vaccinated for medical reasons

Fully vaccinated means that you have been vaccinated with an MHRA approved COVID-19 vaccine in the UK, and at least 14 days have passed since you received the recommended doses of that vaccine (note this is currently under review and may be updated to include a booster dose in due course).

In line with national guidance for households with Covid-19 infection, household and other close contacts of someone who has tested positive for COVID-19 should undertake **daily LFD testing for a period of 7 days** or for 10 days from their last contact with the positive case (whichever is first). This is recommended for all close contacts aged 5 and over who are not required to isolate. [LFD tests are available via community testing sites, local pharmacies or you can order online](#) for home delivery.