



SWIMMING AT EASTBROOK PRIMARY ACADEMY – SUMMER TERM 2019

Dear Parents and Carers

We are writing to let you know the arrangements for swimming lessons during the Summer term. **Swimming will start week beginning Monday 29th April.**

We are charging £30.00 for the whole year or £10.00 per term, thank you if you have already paid. This equates to approximately **£1.50** per swim. We hope you agree that the pool is a valuable asset to the school and lessons in school are considerably cheaper than if we took the children to another pool. We are unable to give refunds for sickness or absences of your child as all money goes towards the general upkeep of the pool.

If you have not paid the full amount, payments can be made via Parent pay or at the office. If you have any difficulty in paying this, please see the school office in confidence.

Details of the days and times that your child will be swimming are detailed below.

Day	Class	Swimming Time
Monday	Year 3	Afternoon
Tuesday	Year 1	Morning
	Year 2	Afternoon
Wednesday	Year 4	Afternoon
Thursday	Year 5	Afternoon
Friday	Year 6	Afternoon

We have attached a notice about the swimming lessons and the kit your child will need. If you have any questions please don't hesitate to ask the teacher or the office.

Yours sincerely

Mrs J Sherlock
Headteacher

Swimming at Eastbrook Primary Academy

We have taught swimming for many years and believe that it develops the children, not only physically but also develops their self-confidence and self-esteem.

Your child will need: -

- ✓ A one piece swimming costume, not bikini for girls or fitted shorts, not Bermudas for boys
- ✓ A swimming hat, boys & girls (This is a requirement under Health & Safety Regulations) **These can be purchased in house colours from the school office for £1.20**
- ✓ A large towel
- ✓ A pair of flip flops or plastic shoes (These will be worn from the changing rooms into the pool area)
- ✓ A water proof bag to carry the kit

Please name **all** the kit. Name the swimming hat on the outside at the front in large letters in waterproof pen.

Goggles and armbands may be used during swimming lessons but must be adjusted to fit your child before bringing them into school. Floats are provided by school.

No jewellery is allowed (Health & Safety Regulations). This includes earrings. As teachers are not allowed to remove or tape earrings, please remove these at home on the morning your child will swim ready for swimming lessons. Unfortunately if your child comes to school wearing earrings they will not be allowed to swim.

Children change in the changing rooms. Teachers and classroom assistants will be in the changing rooms to ensure that your child dresses him/herself but adults are not allowed to help dry the children. (Child Protection).

All clothes need to be named including underwear.

Unless there are overriding medical reasons all children are required to take part in swimming lessons. We would ask for your co-operation to provide the necessary kit in the morning on the days that your child swims as we do not have spare kit at school.

We use a variety of equipment to make learning to swim a fun activity e.g.

- Egg-flips to develop correct breathing techniques
- A variety of floats to develop correct stroke techniques
- Hoops and weighted blocks to develop further skills