



Eastbrook Primary Academy

Headteacher: Mrs J Sherlock

Tel: 01273 874050

Email: office@eastbrook.w-sussex.sch.uk

Website: www.eastbrook.w-sussex.sch.uk



24th February 2020

Dear Parents and Carers

Our school is supporting the *Eat Them to Defeat Them* campaign to encourage our pupils to eat more vegetables. The campaign is supported by celebrity chefs like Jamie Oliver, Hugh Fearnley-Whittingstall, Prue Leith... It is award-winning and proven to make trying different vegetables more fun.

The campaign starts today and we are sending the children home with a reward chart and stickers to help you to encourage your children to try vegetables at home too.

Each week, we will focus on a particular vegetable (please see pack for details) and undertake activities surrounding the vegetable to help children become more familiar with them. We will also send you ideas and recipes based around the vegetable of the week. At the end of the campaign, in 6 weeks time, we will celebrate the children's achievement. There will also be a poster competition and we will announce the winner at the end of the campaign.

We would like to thank you for your support and hope you will enjoy making vegetables fun!

Yours sincerely

Mrs J Sherlock

Headteacher

Manor Hall Road, Southwick, West Sussex BN42 4NF

REACH2 Academy Trust, Company Number: 8452281, Registered in England and Wales;
Charity Number: 1149000; Registered Address: Henhurst Ridge Primary Academy, Henhurst Ridge,
Branston, Burton-upon-Trent, Derby DE13 9TQ.



