





COVID-19 (coronavirus) absence: A quick guide for parents/carers

What to do if...	Action needed	Back to school...
 <p>...my child has COVID 19 (coronavirus symptoms*)</p>	<ul style="list-style-type: none"> • Child shouldn't attend school • Child should get a test • Whole household self-isolates while waiting for test result • Inform school immediately about test results 	<p>... when child's test comes back negative.</p>
 <p>...my child tests positive for COVID-19 (coronavirus)</p>	<ul style="list-style-type: none"> • Child shouldn't attend school • Child self-isolates for at least 10 days from when symptoms* started (or from day of test if no symptoms) • Inform school immediately about test results • Whole household self-isolates for 14 days from day when symptoms* started (or from day of test if no symptoms) – <i>even if someone tests negative during those 14 days.</i> 	<p>... when child has completed 10 days of self-isolation and feels better (including being without a fever for at least 48 hours). They can return to school after 10 days even if they have a cough or loss of smell/taste. These symptoms can last for several weeks once the infection is gone.</p>
 <p>...somebody in my household has COVID 19 (coronavirus) symptoms*</p>	<ul style="list-style-type: none"> • Child shouldn't attend school • Household member with symptoms should get a test • Whole household self isolates while waiting for test result • Inform school immediately about test results 	<p>...when household member test is negative, and child does not have COVID-19 symptoms*</p>
 <p>...somebody in my household has tested positive for COVID-19 (coronavirus)</p>	<ul style="list-style-type: none"> • Child shouldn't attend school • Whole household self-isolates for 14 days from day when symptoms* started (or from day of test if no symptoms) – <i>even if someone tests negative during those 14 days.</i> 	<p>...when child has completed 14 days of self-isolation, <i>even if they test negative during the 14 days.</i></p>

* Symptoms include at least one of the following:

- A high temperature (this means they feel hot to touch on the chest or back)
- A new, continuous cough (coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours, if they usually have a cough it may be worse than usual)
- A loss of or change to your sense of smell or taste.

See more at www.nhs.uk/conditions/coronavirus-covid-19/